# EVERGREEN OASIS Counselling & Consulting Inc.

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#### Who We Are:

Evergreen Oasis is a counselling and consulting practice based out of Shellbrook, SK. Our focus is providing mental health support to individuals, families, schools and communities throughout Northern Saskatchewan. We specialize in areas of suicide, anxiety, depression, and addiction. We also value an inclusive environment and have staff that are able to work with neurodiverse individuals.

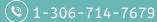
#### **Our Services:**

- One-on-one counselling (virtual & in person)
- Family counselling
- Group counselling
- Workshops & Presentations
- In-community and in-school supports
- Utilization of holistic, trauma-informed, person-centred, holistic, and cognitive behavioural theories

### **Booking:**

If you or someone you know is in need of mental health support, please contact us to make a referral:

> Nicole Erb BSW, RSW **Mental Health Therapist**





nicole.erb@evergreenoasis.ca

(**f**) www.facebook.com/evergreenoasiscounselling

## Billing:

- Non-Insured Health Benefits: You must have a valid treaty number.
- Private insurance company: As long as your benefits include Registered Social Workers. Direct billing is limited, however, an invoice is always issued for later submission.
- Victims Compensation: Evergreen Oasis can bill Victim Services if you are approved for the program.
- Cash, Cheque, E-Transfer, Debit, Mastercard, & Visa